



HSTA Summer Checklist for Students

- _____ Sleeping Bag or Sheets and Cover
- _____ Pillow and Pillowcase
- _____ Slippers/Shower Shoes (highly recommended)
- _____ Pajamas
- _____ Alarm Clock
- _____ Towel
- _____ Washcloth
- _____ Soap/Shampoo
- _____ Lotion
- _____ Toothbrush/Dental Floss/Toothpaste/Braces Care
- _____ Deodorant
- _____ Sanitary Needs
- _____ Comb/Brush
- _____ Hairdryer/Curling Iron
- _____ Comfortable Clothing (T-shirts, jeans, cotton slacks, shorts are permitted [no "short shorts", no short skirts, no halter tops, no tobacco/alcohol/obscene attire or accessories, please! Also, no hats at the Sunday dinner.]
If dressed inappropriately, you will be asked to change clothing.
- _____ Sweater/Sweatshirt (recommended for cool weather)
- _____ Umbrella/Raincoat/Windbreaker
- _____ Pants/Shorts
- _____ T-Shirts (assortment of both short and long sleeved shirts)
- _____ Swimsuit
- _____ Comfortable Sneakers/Sandals (Students: you must wear closed toe shoes in all labs!)
- _____ At least two pairs of jeans or carpentry pants
- _____ Hiking boots or sneakers (for walking and hiking)
- _____ Bookbag/Backpack
- _____ Medicine
- _____ First Aid Items
- _____ Sunscreen
- _____ Camera
- _____ Watch
- _____ Cell phones are allowed, but must be turned off during instructional sessions or when requested by staff (Student must adhere to each Institution's cell phone policy.)
- _____ Spending money (for special events or outings)

NO TV'S OR BOOM BOXES ALLOWED

* Remember what you bring from this list - you must carry the suitcase. Space for luggage on the buses is limited. You may want to consider coordinating with friends on items to bring.